

# Your Treasure Map

YOU ARE THE LEADER OF YOUR OWN JOURNEY  
SO CHART YOUR COURSE AND MOVE IN THAT DIRECTION.



**1** *My* **Values** Identify your top 5 values below.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**2** *My* **Vision**  
Create your vision and theme for the year here.

My VISION for the year.

How I want to FEEL at the end of this year.

My WORD or THEME for the year?

**3** *My* **Successful Habits Formula**  
What habit holds you back? Create a new habit here.

My Successful New Habit is: \_\_\_\_\_

My 3 Step Plan is: 1. \_\_\_\_\_

2. \_\_\_\_\_
3. \_\_\_\_\_

**4** *My* **Knowledge Plan**  
This could include books, courses or whatever will move you forward to a place of learning. What knowledge do you need to expand on in order to reach your goals

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**5** *My* **Unique Me**  
List your unique value proposition, your gifts, your qualities - why you are worth it!

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## 6 My Goals

Capture your goals in the chart below. When you are setting a goal, challenge yourself to be more specific. Keep distilling until your goals are crystal clear and to the SMART concept - Specific, Measurable, Achievable, Realistic, Timely.

AREA FROM WHEEL OF LIFE	MY INTENTION FOR THIS YEAR	GOALS TO ACHIEVE THIS INTENTION	BY WHEN
<i>Self</i>			
<i>Professional</i>			
<i>Relationships</i>			
<i>Financial</i>			

## 7 My Commitment Dashboard

What I do to ensure my success.

DAILY	WEEKLY	MONTHLY	QUARTLEY